



September 28, 2009

Hello Parents, Skiers and Snowboarders!

Welcome to the 2009-2010 Season! We are looking forward to another great winter with all of you! This year **registration and full payment is due Friday, November 6th**. Despite financial challenges this past year we have not raised program fees in a continued effort to keep the Club accessible to as many families as possible. We will also once again be offering financial assistance to those who qualify. **Financial aid applications are due October 16th**. Incomplete applications will not be accepted so please be sure to collect all the necessary forms and fill out the paperwork in full!! **Financial aid applicants will be notified on or before October 26th**. This year we will not be sending out registration packets in an effort to be more cost effective and tree friendly so please go to our website at www.tssc.org for the complete information packet, registration and financial aid forms.

Please refer to the information packet on our website in order to choose the program that best fits your child. If you have questions about the programs, selecting a program, or how to sign up, we will be holding a **registration and information meeting on Tuesday, November 3rd from 5:30-6:30pm** at TSSC Headquarters (In the Cimarron Lodge Building next to the base of Lift 7). There will be alpine, freestyle, and snowboard program directors and coaches, as well as “experienced” parents in attendance to help you with the registration process and answer your questions. There will be copies of the information packet, registration forms, and financial aid applications at the TSSC headquarters if you should need them. Our **Annual Meeting or “Open House” will be held on November 12th at 5:30pm** at the TSSC Headquarters. The Open House will give parents and members an opportunity to meet our Program Directors, coaches and the Board of Directors.

The annual **“Kids Night” will be Thursday, October 29th from 3:00 – 8:00 p.m.** at the Telluride Sports main street location and other participating stores. This is a great way to get the necessary equipment and gear for the upcoming season. There will be huge discounts and prizes, as well as experienced TSSC coaches and T-Sports staff to assist with your selections and sizing.

In addition, we will be having an equipment and coat sale/swap at TSSC Headquarters. This is a chance for parents to bring in used and outgrown equipment and coats to swap, give away or sell. Please come in and drop off anything you wish to sell at TSSC at the base of lift 7 on **Tuesday, October 27th**. The doors will be open all day. If you are selling items, please attach an envelope to your items with your address, phone number and selling price. If you wish to purchase an item, simply put a check or cash in the envelope and deposit it in the drop box in the office. All items that were not sold must be picked up on or before Friday, October 30th.

For general questions about any of our programs please contact Alex in the TSSC office at, 728-6163 x10 or email questions to office@tssc.org. For more detailed questions about specific programs please contact the program directors directly.

Freestyle Program Director	Caleb Martin	728-6163 x 13 freestyle@tssc.org
Team Gravity Program Director	Melissa Plantz	728-4672 mplantz@adelphia.net
Alpine Program Director	Mike Bowman	728-6163 x 12 mbowman@tssc.org
Snowboard Head Coach	Dylan Cooney	728-6163 x 14 snowboard@tssc.org
TSSC Program Coordinator	Alex Goodwin	728-6163 x10 office@tssc.org

Best Regards,

Justin Chandler
Executive Director, Telluride Ski & Snowboard Club

TSSC ☆ Box 2824, Telluride, CO 81435 ☆ 728.6163 phone ☆ 728.9438 fax ☆ www.tssc.org ☆
office@tssc.org



ALPINE (4th grade and older)

Alpine programs are designed to provide a fun and challenging skiing experience for all ages promoting lifelong enjoyment of sport while allowing our athletes to reach their full potential as well as develop as responsible human beings. Our coaching philosophy emphasizes safety; fun, challenging new experiences; and teamwork.

Team Accelerate (J5) - Grades 3 and 4 (Ages 7-10 based on Dec. 31 age)

The focus for these athletes will be free skiing and skill development. Small increments of structured technical gate training will begin with the majority being Giant Slalom. Between 7-9 years old is considered to be the beginning of the most crucial stage of motor skill development. Many other activities and cross training is crucial and encouraged.

- Minimum requirement: All athletes enrolled must be comfortable skiing all intermediate and some expert terrain.
- USSA & RMD membership is required. Not included in program fees.

Dates: December 5th – March 28th

<u>On-snow:</u>	Saturdays 9-2, Sundays 9-12, school release days & night training beginning in February:	\$1200
	Weekends only or Saturdays and school release:	\$900
	School release only:	\$350

Dryland Training: Tuesdays & Thursdays 11/3-11/19

Team Velocity (J4) - Grades 4, 5, and 6 (Ages 11 and 12 based on Dec. 31 age)

With a basic understanding of the fundamentals of skiing, many new elements are added. More time is spent developing technical skills, with an increased focus on cross training, goal setting, planning, and equipment. The majority of time is still spent in free skiing and directed free skiing, with incremental increases in gate training. Giant Slalom is the main focus of all gate training.

- Minimum requirement: All athletes enrolled must be comfortable skiing the entire mountain.
- USSA & RMD membership is required. Not included in program fees.

Dates: December 5th – March 28th

<u>On-snow:</u>	Weekends 9-2, school release days, & night training beginning in February:	\$1300
	Weekends only or Saturdays and School release:	\$1000
	School release only:	\$350

Dryland Training: Tuesdays & Thursdays 11/3-11/19

Team Momentum (J3) - Grades 7 and 8 (Ages 13 and 14 based on Dec. 31 age)

In this program there is more time dedicated to gate training. Time spent training each of the disciplines becomes more balanced. New elements are added including increased technical training, more detailed goal setting, performance planning, equipment, imagery, and competition. There is also an increased emphasis on cross training and other dry land activities. Free skiing

will still be a vital part of the program. Coaches will utilize our unique terrain to aid in athletic skill development.

- Minimum requirement: All athletes enrolled must be comfortable skiing the entire mountain.
- USSA & RMD membership is required. Not included in program fees.

<u>Dates:</u>	November 27 th – March 28 th	
<u>On-snow:</u>	Weekends 9-2, school release days & night training beginning in February:	\$1400
	Weekends only or Saturdays and school release:	\$1100
	School release only:	\$350
<u>Dryland Training:</u>	Monday – Friday 10/5-11/20	

Team Force (J2&J1)- Grades 7 – 12 (Ages 15 and up, based on Dec. 31 age)

At this level training must be customized for each athlete. Goal setting and performance planning is crucial in order to design training schedules that fit the needs and commitment of each athlete. These athletes require special attention and very specific training cycles. Free skiing will still be a vital part of the program. Coaches will utilize our unique terrain to aid in athletic skill development.

- Minimum requirement: All athletes enrolled must be comfortable skiing the entire mountain.
- USSA & RMD membership is required. Not included in program fees.

<u>Dates:</u>	November 27 th – March 28 th	
<u>On-snow:</u>	Weekends 9-3, school release days & Night Training beginning in February:	\$1600
	Weekends only or Saturdays and school release:	\$1300
	School release only:	\$350
<u>Dryland Training:</u>	Monday – Friday 10/5-11/20	

Christmas break training sessions. (All times subject to change)

- **Team Accelerate:** Dec. 21st-23rd (9am-12pm), Dec 27th (9am-12pm), and Dec 28th-31st (10am-1pm)
- **Team Velocity:** Dec. 21st -22nd (9am-2pm); Dec 23rd (9am-12pm); Dec 27th (9am-2pm); Dec. 28-31(7am-1pm)
- **Team Momentum and Force:** Dec. 21st -22nd (9am-2pm); Dec 23rd (9am-12pm); Dec 27th (9am-2pm); Dec. 28-31(7am-1pm)

• There will be no TSSC training sessions on:

Thursday, Dec. 24th
Friday, Dec. 25th
Saturday, Dec. 26th
Friday, Jan. 1

November Training Camps:

Additionally, we will offer 2 early season fundamental camps open to **J4 and older** athletes (parents must travel with J4 athletes). They are scheduled for **November 6-9 and 13-16**. Athletes are invited to attend all or part of these camps with the focus being fundamentals and getting the athletes with early races on snow for a head start. We run these camps at the lowest

cost possible...and much of the cost depends on numbers attending. If you are interested in attending, please contact Mike Bowman as soon as you can so we can finalize some numbers and lodging. These camps will be an annual event. Information can also be found on our website at www.tssc.org. Click on "Alpine" and look for Ski Racing Camp information.

Telluride Public Schools Ski Release Schedule (Dec. 14th – Feb. 5th)

1st-3^d grade : Mondays & Tuesdays (9:00a.m.-2:00pm)

4th-6th grade – Wednesdays (9:00a.m-2:00pm)

7th-12th grades - Thursdays & Fridays (1:15-4:00)



2009/2010 TSSC General Information

USSA MEMBERSHIP

- ❖ **ALL** members of Telluride Ski & Snowboard Club must have a current USSA number before they can participate in **ANY** club activity. Forms are available at the TSSC Office or online at the USSA website, www.ussa.org, go to "Membership Tools → "Register Online". Renewals must be postmarked by **October 15th** in order to avoid late fees.
- ❖ TSSC is in the ROCKY MOUNTAIN DIVISION for all disciplines.
- ❖ USSA's membership services may also be reached at 435-647-2666 or membership@ussa.org
- ❖ USSA requires that all members provide medical insurance information on their application or else sign USSA's medical waiver. Student health insurance is available through the public school system.
- ❖ Please do not wait until the last minute to deal with these forms...USSA becomes extremely busy at the start of the winter season and may not be able to process your form immediately or without extra "rush" charges.

RESPONSIBILITIES OF BECOMING A TSSC MEMBER

- ❖ Full registration form, including full program and work credit deposit payment due before participation in any TSSC program
- ❖ Current membership in USSA
- ❖ Volunteer participation via work deposit program (we are a nonprofit organization and depend on fundraisers and donations for half of our operating budget!)
- ❖ Participation and attendance at fundraisers and home events

EXPECTED ADDITIONAL COSTS

- ❖ Above and beyond athletic dues and work credit deposit, there are additional costs that must be anticipated for each athlete, including but not limited to: USSA dues, season passes, helmets, equipment and costs involved with travel to away events.
- ❖ If you have questions or concerns regarding these costs, please do not hesitate to contact the TSSC office...we are happy to discuss them with you and offer options, including possible Financial Assistance.

COMPETITIONS

- ❖ Every competition venue will have its own release form...please make sure you are aware of this at every event and come prepared.
- ❖ While we like to encourage parents to accompany their children to away events, we understand that this cannot always happen. TSSC encourages parents to help each other with travel to away competitions. However, TSSC will also provide transportation with the team and coaches to most events for athletes, age 14 or older.
- ❖ Payments for all competitions are required **BEFORE** the event. Due dates will be listed on the event forms.

SPECIFIC PROGRAM INFORMATION

- ❖ Information specific to your discipline is available in the “Information Packet” at the TSSC website. If you have any questions that are not addressed in the information packet, please contact the TSSC office or the appropriate program director.

DRYLAND TRAINING

- ❖ Dryland Training is for all disciplines. Please see program information for schedules. It is formulated to begin building skiing/snowboarding muscles and core strength. Athletes should wear sneakers and bring appropriate clothing to train outside.
- ❖ Completed registration forms and current USSA membership is required prior to participation.

FUN HOME “RACES”, MOGUL COMPETITIONS AND BBQS

- ❖ “Home Races” and southwest mogul tour competitions are fun events designed for all ages and disciplines to expose our athletes to a friendly competition venue. The racing (in gates) is on Nastar hill, and the southwest mogul tour events are scheduled to be on Dew Drop. Please see our calendar of events for dates.

FUNDRAISERS

- ❖ Dues that are collected by TSSC cover 25% of our total program expenses. The balance is made up through our fundraising efforts. Here is a brief description of TSSC fundraisers and events for the 2009/2010 season:

January

Ski/Board-a-thon

All disciplines collect pledges and try to see how many laps they can go!

June

Bluegrass Festival

A TSSC Tradition! Our Killer Flank Steak Sandwich Booth is fun work for this 4-day music festival!

August

Steve Butts Memorial
Golf Tournament

August 22nd-24th: Open to anyone who loves to play!

September

Blues & Brews Festival

Mid-September. Pizza Booth workers get their groove on at this 3-day music festival.

Sally Foster
Gift Wrap Fundraiser

All members sell wrapping papers and other gift supplies—continues for several weeks through early-October.

HEADQUARTERS and TSSC ADMINISTRATIVE OFFICE

- ❖ Located at the Base of Lift 7 in the Cimarron Lodge complex. The physical address is 300 S. Mahoney, Unit C-4, on the ground floor.

SEASON PASSES

- ❖ 2009/2010 Season passes are available to all regional children at the Telluride Ski & Golf Company Pass Office, in the Mtn. Village Activities Center in the Gondola Building.



Work Credit Program, 2009/2010

TSSC feels strongly that the greater the parental participation in various club activities, the better our program will be as well as a better experience for the children involved in these sports. With this in mind, we include a work credit deposit as part of our total annual dues. This is a standard program in most ski and snowboard clubs across the country.

- Only one work credit deposit per family
- Mandatory deposit of \$250 will be asked to fulfill 20 hours. You must complete the 20 hours to receive your deposit back. No partial deposits will be returned.
- Families may earn back their deposit by helping at club-sponsored events, races, making food for meetings/banquets or helping out in the office
- **A work credit deposit is required of all members at the time of registration**
- The work credit "season" will run from November 6th, 2009 – October 31st, 2009.
- We would like to encourage that all athletes 14 years of age or over contribute at least 8 volunteer hours to the club to be credited to their service learning hours.

▶ To receive credit for volunteering, you must **EMAIL ALEX YOUR HOURS**, or fill out a "WORK CREDIT FORM"; have it signed by a supervisor of the event and deliver to the TSSC Office (via mail, fax, or dropping it off during office hours). The forms are available on our website and at the TSSC office. **DO NOT** turn in these forms to coaches or supervisors...they are not responsible for getting them to the TSSC Office. If you do not email your hours/fill out a form, you will **NOT** get credit for your time, as it is the only way for us to track your volunteer hours. We greatly appreciate any help! Thank you!

Here are just a few examples of work credit opportunities...

- Home Races: BBQ—chefs, set-up and tear down, stuffing goodie bags, etc.
- Ski/Board-a-thon: lap counters, snack preparers, chaperones, office work, and mailing.
- Bluegrass Steak Sandwich Booth: set-up and tear down booth, sandwich—makers, sellers, slicers, dicers, corn butterers, etc.
- Blues & Brews Pizza Booth: set-up and tear down, sauce slappers, cheese flingers, pie tossers, etc.
- Miscellaneous office duties such as stuffing and labeling envelopes, sorting registration packets, etc (ask Alex for specifics)
- **Freestyle/Snowboard/Alpine Races & Events: registration, making or selling lunches, course work, timing, officiating, assisting race administrators, etc.**



2009/2010 TSSC General Calendar of Events

October 15 th	USSA Membership Renewals due** due (postmarked by 10/15/05 to avoid late fees for renewals only) **Send/fax to USSA directly; not handled by TSSC Office
October 16 th	Financial Aid Applications due!
October 26 th	Financial Assistance Announcements
October 27 th	TSSC Equipment Swap. (9:00 a.m. – 4:00 p.m. at TSSC Headquarters)
October 29 th	Kids' Night – equipment advice and great deals Telluride Sports & other participating stores. (3:00 – 8:00 p.m.)
November 3 rd	Registration Meeting– learn about programs, TSSC responsibilities as Club members, registration, etc. Prospective and established members welcome! (5:30 – 6:30 p.m. at TSSC Headquarters)
November 4 th	Dryland training begins for all <u>fully registered</u> athletes. TSSC Headquarters
November 6 th	TSSC Registration due – completed registration packet with full payment due
November 12 th	Annual Meeting & Open House Meet & Greet (TSSC Headquarters, 5:30-7pm)
November 26 th	Official Opening Day Telluride Resort
December 5 th	Weekend programs begin
December 14 th	School Release (Ski PE) Programs begins
January 10 th (*date subject to change!)	Ski-and-Board-a-thon Fundraiser TBD, on mountain (All disciplines)
February 5 th	Ski P.E. Program Ends
February 7 th -8 th	Southwest Mogul Tour Smuggler

February 10 th	Night Training Begins
February 13 th -14 th	USCSA College Race Milk Run
February 18 th -21 st	Jim Drew Memorial FIS Race Milk Run
February 21 st -22 nd	Southwest Mogul Tour Smuggler
February 27 th -March 1 st	RMD Freestyle Championship Lower Plunge, Air Garden
March 26 th -28 th	Tom Garner Games/Smartwool Finale Milk Run
April 1 st -3 rd	End of season banquets for each discipline
April 5 th	Closing Day Telluride Resort
June 19 th -22 nd	Bluegrass—TSSC Killer Flank Steak Sandwich Booth Town Park
June 30 th	USSA memberships expire
August 22 nd -24 th	TSSC presents the 5 th Annual Steve Butts Memorial Golf Tournament Telluride Golf Club
September 18 th -20 th	Blues & Brews—TSSC Pizza Booth Town Park



Thank you for your interest in the Telluride Ski and Snowboard Club. We hope you and your family are eager to join us for some winter fun, on and off the mountain. If you are interested in joining TSSC, please get a registration packet in one of the following ways:

- Go to our website @ www.tssc.org and download the "2009/2010 Registration Materials"

OR

- Pick up a packet at the TSSC Headquarters, located at 300 South Mahoney Drive, Unit C

Please remember that registration packets are due on **November 6th**, as well as Club dues which are to be paid in full. Also, Financial Assistance Applications are on our website and available at the TSSC Headquarters. Financial Assistance Applications are due no later than Friday, **October 16th**. Please don't hesitate to call us if you have questions, and thanks again for your consideration in joining our Club!