

ID	Athlete information				Warm/up YES / NO	Body Size			Body Mass Index BM/H <sup>2</sup>	Flexibility			Core Function Level	Strength/Power			Power to Wt ratio P:Wt=VJ/BM	Aerobic			Anerobic			Ana Work Est AW=No JumpsxBM	
	USSA #	First name	Last name	DOB		Height meters	Mass kg	Sit Height meters		T1	T2	T3		T1	T2	T3		Level	Shuttle	VO2	20(1)	20(2)	20(3)		Total
1	R5790647	Victor	Major	7-Jun-92	Yes																		0		
2	R5953674	Malcolm	Major	16-Jul-96	Yes	1.53	38.3	0.772 m	16.36	5	4.5	6.7	4	0.28	0.272	0.299	0.781						0		
3	R5825294	Hayden	Fake	27-Apr-95	Yes	1.64	58.06	0.854 m	21.59	3.8	4.6	6.9	4	0.432	0.474	0.468	0.816	9	7	45.5	18	17	15	50	2903
4									#DIV/0!														0		
5	R6010219	Tagert	Mueller	20-Mar-97	Yes	1.49	40.01	0.74 m	18.02	2.7	5.4	7	5	0.499	0.463	0.493	1.247						0		
6	R6010011	Griffin	Mueller	20-Mar-97	Yes	1.62	52.16	0.828 m	19.88	7	7.4	6.4	6	0.356	0.371	0.369	0.711				16	13	8	37	1929.92
7	R6019913	Jack	Plantz	8-Oct-97	Yes	1.5	40.37	0.76 m	17.94	3	3.1	3.5	5	0.237	0.278	0.296	0.733	9	4	44.5	17	13	13	43	1735.91
8	R5833470	Hannah	Watt-Sax	4-Feb-95	Yes	1.6	63.96	0.82 m	24.98	15.3	15.7	14.7	5	0.444	0.406	0.43	0.694	7	7	38.8	22	18	7	47	3006.12
9	R5840681	Jack	Herrick	14-Mar-96	Yes	1.66	44.54	0.812 m	16.16	-7.7	-6	-4.6	5	0.35	0.384	0.405	0.909							0	
10	R6231504	Jayleen	Troutwin	15-Mar-94	Yes	1.68	58.06	0.873 m	20.57	6.9	8	8.7	5	0.333	0.359	0.339	0.618	6	9	36	16	12	8	35	2032.1
11									#DIV/0!														0		
12		Keilly	Zumzel		Yes	1.6	47.63	0.823 m	18.61	8.5	10.7	11.9	6	0.297	0.336	0.344	0.722	8	4	41.1	19	10	6	35	1667.05
13		Benny	Solomon		Yes	1.57	51.71	0.783 m	20.98	3	6	5.1	5	0.389	0.367	0.375	0.752							0	
14		Zach	Nuun		Yes	1.56	35.79	0.789 m	14.71	14	16	16	6	0.391	0.427	0.41	1.193	9	4	44.5	15	14	17	46	1646.34
15									#DIV/0!																
16									#DIV/0!																