

# TELLURIDE

## SKI & SNOWBOARD CLUB

### OUR ALPINE COACHES

#### **Mike Bowman**

#### **Alpine Program Director/Head Coach**

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Mike is now starting his seventh season with the ski club. Mike has over 20 years of coaching experience at every level...J5's to US Ski Team Athletes. He is a USSA Certified Level 400 Coach and a member of the Rocky Mountain Division Alpine Task Force, Alpine Competition Committee and USSA Education and Development Committee...all strive to make competitions and development better for the region. Growing up, Mike raced at Winter Park, CO and continued to race at the University of Wyoming while he studied Mechanical Engineering. Mike has done about everything from building log homes; opening and running "Bowman Pub and Brewing" in Laramie, WY (which employed 90 employees when it opened); sweat shop mechanical engineering consulting, and finally gave all that up to pursue his real passion of coaching. Mike has revitalized the Alpine Program striving to fulfill the following: 1. Develop Good Responsible Persons; 2. To Allow our Athletes to Reach Their Full Potential; and 3. To Instill Lifelong Enjoyment of Sport.

Mike in Chile, Summer 07



#### **Kris Knockendoffel**

#### **Team Momentum Lead (J3) Coach**

A Western Colorado native, Kris grew up in Grand Junction and began racing for the Powderhorn Racing Club at the age of 7. He was a Junior Olympian and RMD athlete and has had the opportunity to race and train in Europe, Canada and all over the Western United States. After racing through ability class in high school, he went to college at Fort Lewis and competed on the U.S. Freeskiing Tour for 3 years before returning to ski



racing as a coach. He has since worked with J4, J3 and ability class athletes and is very excited to be teamed up with the Telluride program as head J3 coach. Away from ski racing Kris stays busy as part owner of Telluride Outside where he guides fly fishing and elk hunting trips.

**Ashley Babcock**  
**Team Velocity Lead (J4) Coach**

Ashley is the newest member of the Alpine Coaching Team. She comes from the University of Colorado Buffaloes Ski Team, 2011 NCAA National Champions. She has skied for Ski Club Vail and Holderness School in New Hampshire. She is passionate about skiing and team, and hopes to inspire life passion in her athletes. Her coaching experience includes summer camps at Mount Hood, Oregon with Eldora Ski Club and Whistler, BC with Okemo Mountain School. She is very excited to be involved with the Telluride community.



**Lang Schuller**  
**Team Velocity (J4) Coach**

**Kevin Riley**  
**Team Accelerate Lead (J5) Coach**

Kevin is in his 6<sup>th</sup> year with the club and has a magical power when it comes to motivating and inspiring our J5 athletes. Kevin's background includes being the Hall of Fame at Humboldt University in CA for Cross Country Running, coaching younger athletes in CA, and raft guiding in the summers. Kevin's addictive laugh has the athletes clinging to him like glue. Last year, Kevin led Team Accelerate to win third place at the J5 Finale in Powderhorn. TSSC is lucky to have such a dedicated coach.



**Sheilagh Roufa**  
**Team Accelerate (J5) Coach**

Sheilagh offers the kids at Club a diversified perspective on the world of alpine snow sports. She has lived in T'Ride since 1981. She and her husband have a boutique real estate sales and property mgmt company, Kastle Keepers and are raising one daughter

who ski races in Club. She has been actively involved in teaching skiing to Kendahl and her classmates since their preschool days. In her youth, she attended Mountain House boarding school ski academy in Lake Placid as a NY state ski team member. Her background in the competitive realm of skiing encompasses three disciplines; F.I.S. national level alpine, National Collegiate Ski Assoc. Champion in SL and GS ('84/'85), US Extreme Skiing Championships (2nd, 1991), 2nd Overall '88/'89/'90 in the World Pro Mogul Tours, 2nd at NASTAR Nat'ls 2008 with intermittent bouts of coaching. She strongly feels that a basic carve turn creates a solid foundation for all the alpine disciplines and the brightest possible future for a lifelong love of skiing the whole mountain on any given day. She will help the kids develop a solid core stance, carve turn and lead them to develop a toolkit for skiing any and all aspects on the mountain whenever possible and of course for being fast on race day! Now, let's go and shred the mountain!