

TELLURIDE

SKI & SNOWBOARD CLUB

September 21, 2011

RE: Fall Alpine Letter

To the Parents and athletes of the Telluride Ski and Snowboard Club:

I hope this finds everyone well and getting ready for the upcoming ski season. I wanted to send out a quick letter to give you time to consider some of the upcoming items and dates.

First: Dry Land: For athletes 12 and older.

It is important that we set ourselves up for a successful ski season with proper physical preparation...even if you are involved in other sports. I have scheduled dry land opportunities on our Google Calendars, Tuesday and Thursday's in September and I am hopeful to get more participation in October. I have scheduled this right after school, but I am willing to work with alternative schedules. Please contact me to schedule and/or let me know times that work for you. I am also willing to put together a personalized program for anyone interested. There will be more sessions in October and November...including sessions for our younger athletes in November.

Second: Equipment

We will need to gather equipment needs (skis, boots, bindings, tuning, waxing, suits, cloths, poles, etc.) by the end of September. **THIS IS IMPORTANT!** Companies have requested this...they have limited resources this year and most clubs are having their equipment night in September. Please contact me ASAP to discuss if you have not done so already.

Our annual Kid's Night will be scheduled for October 25th, 3-7 pm. Getting skis, boots and bindings ordered early will assure equipment availability... it may be questionable if we wait until October 25th to order.

I am also requesting a list of any used equipment you would like to sell. I can help match up your used stuff to kids that are ready for longer skis, bigger boots, etc.

Third: Fall Camps

I am scheduling Fall Ski Camps at this time. Right now, I am scheduling a late October (exact dates determined by when they can start making snow) in Copper, Loveland, or

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Vail for older athletes. I am also scheduling camps for J4 and older athletes on November 4-7, Nov. 11-14 and I am considering Nov. 19-22. All or part of the first two camps will be available to our athletes. To attend the third camp we will require that you have skied at least one of the first fundamentals camps in Winter Park. The third camp will be race prep for early races in a lane at Vail...most likely. Right now we are working with Winter Park for the first two camps and others for the third to schedule and figure expenses. I run these camps at the lowest cost possible...and much of the cost depends on number of athletes attending. **If you are interested in attending, please contact me as soon as you can so I can tally some numbers and figure lodging.** These camps will be an annual event.

Also...I understand the need for early knowledge of the Club's plans for camps. So I want to let you know about TSSC's plans for summer camps in **2012**. The following list of Camps will be our annual plan outside of Telluride. Of course, the dates will be subject to change to account for snow conditions and participation:

1. Annual Mammoth Mountain Camp: Mid to late June Fundamentals camp...6-8 days.
2. Annual Mt. Hood Camp: Late July to early August Tech camp. 5 days for those who attended Mammoth. Also depending on numbers, we may schedule a longer camp for those who were unable to attend Mammoth.
3. Annual Elite Athlete European Glacier Project. Two weeks in late October for more serious athletes...very race intensive.
4. Early November Camps: These will be fundamentals camps open to J4 and older athletes...usually over the two weekends prior to Thanksgiving.

I will get info out to you about costs, lodging, etc. usually a couple of months prior to the camp.

Forth: Calendars/Communication/Video

We will again be utilizing Google Calendars for our scheduling of races and training. We think this went pretty well last year and were excited that most everyone took advantage of the automatic update features.

In the future I am hopeful to utilize some web based video storage/analysis program. One of the benefits of this would be, for instance, being able to review or do a side by side analysis of a race day run with a training run from that week while at a race.

If you have suggestions for computers/software please let me know. And if you were wondering, we will still value the after-skiing video sessions with the team.

Don't forget to check the usual website for updates (www.tssc.org , then click on Alpine). I have not updated it for fall yet, but it will be within the next week.

Make sure you read the club's homepage for club wide updates. For instance, we will be publishing Registration forms soon and the Sally Foster Fundraiser will begin soon. And

make sure to read up on Global Rescue, basically medical transportation for your athlete when they are more than 160 miles from home.

Thanks you for taking the time to read my fall letter. Taking care of some of these things now will help us kick off the new season with momentum. Thanks again and hope to hear from you soon.

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